

UNTAMED NEW ENGLAND : CAPTAIN COMMUNICATION #2

12 July, 2010

<http://www.UntamedNE.com>

ARWORLD SERIES



Our 2nd Communication . . .

This is the 2nd Untamed New England 2010 Captain Communication; you will want to circulate this to your teammates so everyone gets the information. The final Captain Communication will go out in early August, so keep an eye out for that one in your email inboxes.

This information is in addition to the 1st Captain Communication; you can view the 1st one via this link:

http://www.untamedne.com/Media/2010_Captain_Communication_1.pdf.

Please review this material closely and best of luck with your preparations through July!

Official Race Rules

The Untamed New England adventure race official race rules are posted online at <http://www.UntamedNE.com/RulesAndRegs.pdf>. These establish the framework for the race and general terms of conduct for everyone involved.

I want to call special attention to point #2 in the rules:

“Racers should conduct themselves with the highest ethics regarding rules, fellow racers and volunteers.”

We had a certain team behave in a very disrespectful manner to race volunteers last year, and they have not been welcomed back in 2010. Recognize that everyone involved with conducting the Untamed New England is a volunteer, devoting their own vacation time to the race, so show the proper appreciation and respect and everyone will have a great experience! ‘Nuff said.

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Pre-Race VIP Reception



Reminder: All racers are welcome to meet and mingle with race staff, members of the media, and community leaders at the VIP Reception on Wednesday August 11th from 6 PM – 7 PM. Let a cold Long Trail Ale hydrate you before the race! We’ll also have some snacks and a quick presentation.

The reception will be at the Balsams Wilderness Ski Lodge (different than last year!); refer to the race schedule (page 2) for more details.

Tracking Beacons

As with other Untamed Adventure events, each team will be issued a satellite beacon for tracking and additional safety purposes.

During race check-in, you will get your beacon along with instructions on how to use it. One member of your team will be required to wear the beacon taped on the shoulder strap of a backpack as in the following picture:



This beacon is considered part of your team's mandatory race gear; these are rugged devices, but a lost or damaged beacon is the responsibility of the racing team and grounds for disqualification.

Satellite Phones

As mentioned on the official race Gear List, an activated Iridium satellite phone is required team gear for this race. By "activated" we mean a phone that has gone through the initialization process and is ready to make outgoing or receive incoming calls; we will confirm your phone is operational during the race check-in, so be prepared to use the phone to call the test number we set up at race check-in. By "Iridium" we mean the Iridium brand of satellite phone – not Globalstar or some other provider. Iridium has the best satellite network and most reliable service for this part of the world, this is why we require it.

We suggest renting phones from RoadPost (<http://www.RoadPost.com>) as a reliable rental provider.

Schedule & Location for Activities

The schedule and location for race activities is as follows:

- Weds Aug 11th 3 PM : Team Hotel Rooms Available (via Front Desk at The Balsams in Dixville Notch, NH)
- Weds Aug 11th 6–7 PM : Race VIP Reception at the Balsams Wilderness Ski Lodge
- Thurs Aug 12th 8 AM – 10:30 AM : Team Check-In (maps & instructions distributed) at the Balsams Wilderness Ski Lodge
- Thurs Aug 12th 10:45 AM : Official Welcome & Team Address at the Balsams Wilderness Ski Lodge
- Thursday Aug 12th 11:30 AM : Race Start
- Sunday Aug 12th 10 AM: Race Course closes for Official Competitors (stragglers may arrive after this)
- Sunday Aug 15th 11 AM: Post-Race Breakfast and Awards Ceremony at the Balsams Wilderness Ski Lodge

The Balsams Wilderness Ski Lodge is the hub for Untamed New England activity at the Balsams Resort this year. It's located across Route 26 about 2 minutes from the main resort; if you're looking for directions, stop in at the main Balsams entrance and ask the resort staff.

Racers can leave vehicles parked at the ski lodge for the duration of the race.

Camping is also available for a fee at the grounds around the ski lodge, check with the Balsams (1–800–255–0600) to reserve a campsite and for full details.

Team Numbers Assigned

The following are your official team numbers; label your equipment bins and other gear with this number for ease of logistics and to ensure it gets back to you if you leave it (kayak paddles are particularly easy to lose!).

Team #	Team
1	ATP/Salomon
2	Team Kinetic
3	Berlin Bike
4	NYARA / Krell Fabrications
5	Eastern Mountain Sports / Checkpoint Zero
6	NYARA
7	Adventure World Magazine
8	Area Goats
9	ARMD
10	Birthday Genies
11	BRAT
12	Clinique du Pied Equilibre / Wilderness Traverse
13	GOALS ARA 1
14	GOALS ARA 2
15	Milton Basement Racers
16	Mundial St-Raymond
17	Natural Selection AR.com
18	Running Free
19	RWG/Wolf River Racing
20	Salomon – Chlorophylle
21	SC2/Synergy
22	Team Epipen
23	Team Granite
24	Team Skandia Key Experience
25	Team Spirit Canada
26	Team TrackMe360.com
27	Team Untamed Adventure
28	Tecnu Extreme/StaphAseptic
29	WildernessTraverse .com
30	AMaZing
31	BrendaCohenJewelry.com
32	Calleva
33	Dumb and Dumber
34	Gnome Hunters
35	GOALS ARA 3
36	Pain Syndicate
37	ProyectoAventura.com
38	RaceThePhantom.com
39	Raggamuffin Racing
40	Reserved for Race The Phantom Winner
41	Team Aggro Cragg
42	Team Averages Joes



Untamed New England 2010 race bib

Additional Team Number Info

All racers will be required to wear the official Untamed New England race bibs. These are sleeveless singlets printed with your team number and race sponsor branding. These bibs must be worn at all times during the race, including **over** your pfd's on paddle and swim legs.

Additionally, each racer will get a number plate to mount to the front of the bike and to the back of the backpack. This will assist in identifying team equipment and in photos.

Bike numbers will be provided for all racers



Pre-Order Untamed New England 2010 DVD

Untamed New England is fortunate to have the film services of Randy Ericksen (most notably the producer of the PrimalQuest South Dakota DVD). He will be on location with the 2010 Untamed New England and putting together a professional 90–120 minute DVD of the race.

You can order the DVD at a discount, in advance, at <http://legendaryrandyericksenfilms.wikispaces.com>. Advance order pricing is \$24.95 and after the race pricing will increase.



Online Race Waivers

All teams are encouraged to complete the online waivers (medical, liability, and media) via the Team Center; use your team login info via the box on the right at <http://www.UntamedNE.com/Teams.aspx>, then go to the Complete Waivers section. You'll save valuable time the morning of the race!

We've eliminated significant paper waste by going electronic with these documents, so everyone truly wins when you get these formalities completed before the race.



Critical gear in a ready location
Front pack accessory for any
adventure racing backpack
www.RibzWear.com



Wrist Bands

We use wristbands to ensure an entire team visits race checkpoints. When a team reaches an unmanned checkpoint, they always punch their race passport in the appropriate location and then, if the checkpoint flag has a wristband attached, they each punch their individual wristbands. The race passport is the official record showing your team reached the location, but the wristband is important supplemental confirmation that your team did not separate and everyone visited it.

This stops teams from sending just their fast racer to the unmanned checkpoint on top of the mountain, for example.

The photo to the right shows a racer with the wristband on their right wrist.



We use wrist bands to ensure racers stay together and visit each CP

Not every unmanned checkpoint requires punching a wristband, but there are enough spread through the course that this keeps teams honest.

Course Insight

We will share a course outline in the 3rd and final Captain Communication (goes out August 4th). This will provide order of disciplines, rough distances, and timing for when you will find your gear bins. This will be critical to helping you pack and prepare for the race before Aug 12th.

Now for some quotes from our course testing . . .

“Beautiful trekking, with big route decisions nearly every step of the way. There isn’t a single ‘dum-dum’ stretch to the race where you just zone out and log the miles.”

“Gotta keep your concentration through there! It’s a relentless maze of mapped and unmapped trails that will ruin you if you aren’t careful. Have a well-calibrated bike computer (or two!) for this race.”

“That wasn’t a paddle leg; that was a portage leg with a bit of paddling thrown in for spice.”

“Racers should bring their own PFD for the swim leg; the outfitter’s PFDs are no fun to ‘swim’ with.”

“Wear your bike gloves for the work projects on the course – just looking at that timber gives me splinters.”

“It’s a relentless maze of mapped and unmapped trails . . .”

Race Maps

Your official race maps will be a set of waterproof, colour, topographic maps of 1:35,000 and 1:25,000 scale. UTM Grid lines will be printed on the maps. The basis for the maps will be USGS topo maps, and while generally accurate these maps haven’t been updated in 20 years or longer – so there are some new roads and trails to discover.

We will provide a variety of supplementary maps; we will give you the best maps available for the region. Not all your supplementary maps will be waterproof, so plan to take care of these materials in a dry case etc. Outside maps are not permitted. You will be disqualified if you race with outside maps.

All trekking in the race can be completed on 1:25k maps, as you’ll need the terrain detail to make sense of the area.

Spectator Guide

There is still time for spectators to order the official Spectator Guide for Untamed New England. This will contain driving directions to viewing areas (even some options for hiking in to follow the action!), time estimates, extra insight into the region, and the teams competing in the race.

The Guide is only available by ordering in advance at <https://www.raceit.com/shop/?event=817>

Official watch of Untamed
New England



Race Morning, Aug 12th

Teams will get their official Race Booklet and Maps as soon as they complete the check-in process on Thursday morning Aug 12th. If your online waivers are done, the check-in will consist of a quick review of your required shelter and satellite phone. After that, you'll get your race bibs, instructions, and maps and can start reviewing the course details. Before we start the race, you must turn in your gear bins/duffels and bikes to race staff for transport. Prepare for a paddle start and, potentially, a long bus trip to the actual race start location.

Concluding Remarks

I hope your Summer training is going well! I know our race is shaping up to be a truly "untamed" affair and I have the scars and scratches from lengthy course vetting sessions to prove it – but I am happy to report that there are no ticks up here!

I'm not sure if we've stated it elsewhere, so let me mention it here as it's very important: this race is a hard, rugged, 3 days that could have your team alone in some of the most remote country in the Eastern US. Teams can go 24 hours or longer without seeing a vehicle, person, or anything not associated with our race. Seriously. More than any race we've conducted in our 6 years (and two continents!) of organizing, the 2010 Untamed New England sets a new standard.

Come ready to race, but also come ready to relish the adventure and appreciate the vast stretches of wild country you'll be passing through.

Until the August Captain Communication, may your maps always be dry,

Grant Killian and the staff of Untamed Adventure

Give special consideration to the packing of your Team Paddle Gear bin, particularly if we start with a paddle leg – this would mean you wouldn't need to pack your own PFDs, paddles, wetsuit, or other heavy paddling equipment into the Paddle Gear bin that we will be weighing pre-race. We only weigh the bin pre-race, no weight restrictions apply once the race begins, so you would have a lot of options for your Paddle Gear bin. Just be sure you can fit everything into your single Paddle Gear bin, after the paddle leg (or plan to carry stuff with you)!

Food Bank Donation at Race Check-In

We always work to give back to the community via our races, most visibly in the "green work projects" we incorporate into the race. This year, we wanted to do something special for the area Food Banks that provide nutritional options for those most in need.

We're asking every racer to bring a canned food item to the race check-in Aug 12th morning. We'd love to make a donation of 150–200 cans of food to the Food Bank. This is, of course, optional, but this is a great cause and will do a lot of good for those who need our help.

This year, when you're shopping for your food for the race, pick up a canned food item and help us make Untamed New England into as positive a force as it can be in the region!

10% off from iRule USA

iRule USA is offering 10% off the pricing you see below to Untamed New England racers for all in-stock items. You just have to pay for and pick up your order at the race in August.

iRule clothing (supplex and wool) is New Zealand designed and made.

All of their shorts (**Motus, Moabs, Rants**) are quick-drying and very comfortable for three seasons. You can get them with the AR chamois or a full-size mountain bike chamois.

And the **Primo** jersey is my all-time favorite for spring and summer. In the Fall, I pair it with the **inVest** top - a great vest with a ventilated back and a windstopper front - great for stopping the chilly autumn air without getting you too hot. And it has 6 pockets!

I'll be bringing all of my inventory to the Untamed New England race, so if you want anything, let me know and I'll reserve it for you.

Below are some of the products I have. You can see what else is available at: <http://www.iruleusa.com/store.php>

The website will tell you if I have an item in stock when you add it to the shopping cart.

See everyone at the race!

Mark Lattanzi

Oh, and I'll be in the large white Sprinter van with the license plate "MARK ARK". I'll also have a table set up the VIP Reception Weds night!